

Our mission is to provide excellent top quality dance training in a caring, constructive, and friendly environment by excellent, certified, professional teachers.

We focus on technique and each individual's talents, as well as providing Nutcracker, Recital, competition, and ministry opportunities.



*Astrid Audet Academy*  
of ballet & more



## 2024-2025 SEASON

Our studio has been serving the local dance community for over 19 years.

We pride ourselves in being a unique dance school offering Ballet, Pointe, Tap, Jazz, Hip Hop, Lyrical, Contemporary, Modern, Pilates, Gymnastics, Stretch and Strengthening, and Acro Tumble for all ages 2 through Adult.

**EST. 2005**

**Address:**  
6135 N Federal Highway  
Fort Lauderdale, Florida 33308

**Website:** [www.aaaballet.com](http://www.aaaballet.com)  
**Phone:** (954) 491-8418  
**E-mail:** [info@aaaballet.com](mailto:info@aaaballet.com)

**Instagram:** [aaa.ballet](https://www.instagram.com/aaa.ballet)  
**Facebook:** Astrid Audet Dance

	Monday			Tuesday			Wednesday			Thursday			Friday			Saturday							
	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3					
9:00-9:15																							
9:15-9:30																Ballet /Tap 5-7 9:00-10:00	Ballet /Tap 7-10 9:00-10:00	Ballet/Tap 3-4 9:00-10:00					
9:30-9:45	Studio Available for Privates and Studio Rental			Studio Available for Privates and Studio Rental			Studio Available for Privates and Studio Rental			Studio Available for Privates and Studio Rental			Studio Available for Privates and Studio Rental										
9:45-10:00																							
10:00-10:15								Pre-Ballet 2-4 10:00-10:45													Acro Tumble 6-9 10:00-10:45	Intermediate Tap/Jazz Mini/App 10:00-11:00	Acro Tumble 3-5 10:00-10:45
10:15-10:30																							
10:30-10:45												Pre Ballet 2-4 10:30-11:15am											
10:45-11:00																							Gymnastics 5-8 11:30
11:00-11:15																							
11:15-11:30																							
11:30-11:45																							
11:45-12:00																							Technique Senior Company 11:30-12:15 TBD
12:00-12:15																							
12:15-12:30																							
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3:45-4:00																							
4:00-4:15																							
4:15-4:30	Mini Company Ballet 4:15-5:15	Ballet/ Tap/ Jazz Combo 5-8 3:45-5:15pm	Pre-Ballet 2-4 4:00-4:45	Pre-Company Ballet 4:00-5:00	Tiny Hip Hop 3-6 3:30-4:15	Ballet /Tap 4-6 3:30-4:15		Pre Company Ballet 4:00-4:45	Ballet/Tap 3-4 4:00-5:00	Hip Hop 7-10 4:00-4:45	Ballet/Tap 4-6 3:45-4:45	Ballet 7-10 4:00-4:45	Gymnastics 3-4 4:45	Acro Tumble 5-8 4:00-4:45	Hip Hop 7-10 3:45-4:30								
4:30-4:45								Pre Company Lyrical/Jazz 4:45-5:15pm															
4:45-5:00																							
5:00-5:15																							
5:15-5:30			Ballet 7-10 4:45-5:45				Lyrical & Jazz 6-9 5:45			Tiny Hip Hop 3-6 5:00-5:45													
5:30-5:45	Apprentice Ballet 5:15-6:30	Continued Mini Company Tap & Jazz 5:15-6:30						Ballet Mini & Apprentice Company 5:15-6:15															
5:45-6:00																							
6:00-6:15			Hip hop 7-10 5:45-6:30																				
6:15-6:30																							
6:30-6:45																							
6:45-7:00	Junior/Senior Company Pointe 6:15-7:30	Continued Apprentice Company Tap & Jazz 6:30-7:45	Ballet Pre-Teen/Teen 6:30-7:30																				
7:00-7:15																							
7:15-7:30																							
7:30-7:45			PrePoint/Beg Pointe 7:30-8:15																				
7:45-8:00																							
8:00-8:15	Junior Hip Hop 7:45-8:30	Senior Open Contemporary 7:45-8:30																					
8:15-8:30																							
8:30-8:45																							
8:45-9:00	Senior Hip Hop 8:30-9:15																						
9:00-9:15																							

Classes begin August 19th, Call today to be a part of our amazing studio family! Come try a free trial class!