

Our mission is to provide excellent top quality dance training in a caring, constructive, and friendly environment by excellent, certified, professional teachers.

We focus on technique and each individual's talents, as well as providing Nutcracker, Recital, competition, and ministry opportunities.



Address:
6135 N Federal Highway
Fort Lauderdale, Florida 33308

Website: www.aaaballet.com
Phone: (954) 491-8418
E-mail: info@aaaballet.com

Instagram: [aaa.ballet](https://www.instagram.com/aaa.ballet)
Facebook: Astrid Audet Dance



Astrid Audet Academy
of ballet & more



20th Anniversary

**2025-2026
SEASON**

Our studio has been serving the local dance community for over 20 years.

We pride ourselves in being a unique dance school offering Ballet, Pointe, Tap, Jazz, Hip Hop, Lyrical, Contemporary, Modern, Pilates, Gymnastics, Stretch and Strengthening, and Acro Tumble for all ages 2 through Adult.

EST. 2005

	Monday			Tuesday			Wednesday			Thursday			Friday			Saturday		
	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3
9:00-9:15																		
9:15-9:30																Ballet /Tap 5-7 9:00-10:00	Ballet /Tap 8-10 9:00-10:00	Ballet/Tap 3-4 9:00-10:00
9:30-9:45	Studio Available for Privates and Studio Rental			Studio Available for Privates and Studio Rental			Studio Available for Privates and Studio Rental			Studio Available for Privates and Studio Rental			Studio Available for Privates and Studio Rental					
9:45-10:00																		
10:00-10:15						Pre-Ballet 2-4 10:00-10:45										Acro Tumble 7-10 10:00-10:45	Tap Mini/App 10:00-10:45	Acro Tumble 3-6 10:00-10:45
10:15-10:30									Pre Ballet 2-4 10:30- 11:15am									
10:30-10:45																		
10:45-11:00						Gymnastics 2-4 10:45-11:15										Mini/App Company Ballet Tech 10:45- 12:00		Gymnastics 5-8 10:45-11:30
11:00-11:15																		
11:15-11:30																	Junior/Senior Tap 11:15-12:00	
11:30-11:45																		
11:45-12:00																		
12:00-12:15																Junior/Senior Company Ballet Tech 12:00-1:30	Pointe Mini/App 12:00-12:45	
12:15-12:30																		
12:30-12:45																		
12:45-1:00																		
1:00-1:15																		
1:15-1:30																		
1:30-1:45																		
1:45-2:00																		
2:00-2:15																Studio Available for Privates, Rehearsals Studio Rental & Birthday Parties	Studio Available for Privates, Rehearsals Studio Rental & Birthday Parties	Studio Available for Privates, Rehearsals Studio Rental & Birthday Parties
2:15-2:30																		
2:30-2:45																		
2:45-3:00																		
3:00-3:15																		
3:15-3:30																		
3:30-3:45																		
3:45-4:00																		
4:00-4:15					Ballet /Tap 4-6 3:30-4:30	Tiny Hip Hop 3-6 3:45- 4:30		Acro Tumble 3:30-4:00 3-6										
4:15-4:30			Pre-Ballet 2- 4 4:00- 4:45				Pre Company Ballet 4:00-5:00	Ballet/Tap 5-7 4:00-5:00	Ballet/Tap 3-4 4:00-5:00	Ballet 7-10 4:00-4:45	Hip Hop 7-10 4:00-4:45	Ballet/Tap 4-6 3:45-4:45	Hip Hop 7-10 3:45- 4:30	Acro Tumble 5-8 4:00-4:45	Hip Hop 11-13 4:00- 4:45			
4:30-4:45	Mini Company Ballet 4:15-5:15	Ballet/ Tap/ Jazz Combo 5-8 3:45-5:15pm		Mini Company Ballet 4:15-5:15	Lyrical/Jazz 4-6 4:30-5:15	Pre-Ballet 2-4 4:30- 5:15												
4:45-5:00																		
5:00-5:15																		
5:15-5:30																		
5:30-5:45	Apprentice Ballet 5:15-6:15																	
5:45-6:00		Continued Mini Company Jazz 5:30- 6:30																
6:00-6:15			Hip hop 7-10 5:45- 6:30															
6:15-6:30																		
6:30-6:45																		
6:45-7:00	Junior/Senior Company Pointe 6:15-7:30	Continued Apprentice Company Jazz 6:30- 7:30	Ballet Pre-Teen/Teen 6:30-7:30															
7:00-7:15																		
7:15-7:30																		
7:30-7:45	Junior Company Hip Hop/Jazz Funk 7:30-8:15	Senior Conditioning/Stretc h/Acro 7:30-8:15	Pre/Pointe Pre-Teen/Teen 7:30-8:15															
7:45-8:00																		
8:00-8:15																		
8:15-8:30																		
8:30-8:45	Senior Company Hip Hop/Jazz Funk 8:15-9:00	Junior Company Acro 8:15-8:45																
8:45-9:00																		
9:00-9:15																		

Classes begin August 18th, Call today to register and be a part of our amazing studio family! Come try a free trial class!